

ON FOOD AND COOKING

A unique blend of culinary lore and scientific explanation about food, written by Harold McGee.

For the first course feast on ten chapters about food from milk to chocolate. meat in the human to the development enness to hangovers-

and explode the fantasy

storage to spoilage, plants as foods to CHOCOLARE diet, the trouble with additives of sauces, through drunkthat explain the facts

of food myths.

The second course offers two chapters devoted to nutrition, digestion and sensation—including food fads in the United States, hunger and thirst, taste and smell.

Enjoy a third course highlighted by water, fat, protein and carbohydrates—the building blocks of all foods—including how cooking and preparation a affect these components and why can leave you with certain utensils

egg whites that wilt or pancakes that puddle.

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The Pond

Gerald Thompson Jennifer Coldrey George Bernard Photographs by Oxford Scientific Films

This quite remarkable book introduces the pond and its inhabitants in over 400 superb color photographs, accompanied by text and captions that describe the natural history of the pond's organisms and, together with the illustrations, allow identification to family or genus. There is an introduction to the ecology of ponds in general, lists of taxonomic orders, and a color key to all the plants and creatures featured, as well as advice on how to collect and study pond life.

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